



SWEDISHAMERICAN PALLIATIVE CARE

SwedishAmerican Hospital

Phone: (779) 696-8050

Fax: (779) 696-8502

Regional Cancer Center

Phone: (779) 696-9400

Fax (779) 696-9334

www.swedishamerican.org

PALLIATIVE CARE



SwedishAmerican Hospital makes all the difference.

At SwedishAmerican, our board-certified palliative care team includes physicians, nurses, pharmacists, holistic health professionals and social workers. Together with your own doctor, we make sure that you receive:

- Expert treatment of your pain and symptoms
- Close communication about your illness and treatment choices
- Coordination of your care among all of your health care providers
- Emotional and spiritual support for you and your family
- Referral coordination of home care services

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“Health is a large word. It embraces not the body only, but the mind and spirit as well; and not today’s pain or pleasure alone, but the whole being and outlook of a man.” – James H. West

Palliative care improves the lives of patients and families facing serious illness.

Here’s What You Need to Know

Palliative care is supportive care. Palliative care aims to improve quality of life by relieving the pain and symptoms associated with serious illness and helps people achieve full potential regardless of prognosis. Palliative care is provided by an interdisciplinary team who works closely with your primary care doctor.

Who is on the Palliative Care Team?

- Palliative Care Physicians
- Advanced Practice Nurses
- Pharmacists
- Social Workers
- Chaplains
- Massage Therapists
- Holistic Health Therapies

Who Pays for Palliative Care?

Medicare, Medicaid, and many private insurance plans cover the services provided by palliative care, according to the contract provisions of the individual’s policy.

How Can Palliative Care Help?

- Treat your pain and symptoms such as nausea, fatigue, depression, and anxiety
- Help you understand your condition and your options
- Help you maintain the most independent and active life possible
- Provide emotional support to you and your family
- Identify helpful support services

Who Benefits From Palliative Care?

If you have a serious illness affecting your quality of life, or causing you significant discomfort, you can benefit from a palliative care consultation.

You can ask for a consultation at any stage of illness and you can receive palliative care alongside your medical treatment. Patients report that palliative care has helped improve how they feel.



A Few Examples Of Illnesses Treated by Palliative Care Include, But Are Not Limited To:

- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Amyotrophic Lateral Sclerosis (ALS)
- Parkinson’s Disease
- Alzheimer’s Disease
- Kidney Failure
- Stroke
- Cancer
- HIV/AIDS

How do I Receive Palliative Care?

Palliative care services are provided in hospitals, some outpatient clinics, or sometimes at a patient’s private home. SwedishAmerican Palliative Care provides a consultation service in the hospital with coordinated care upon discharge. SwedishAmerican Palliative Care also provides outpatient services at the Regional Cancer Center. Ask your doctor for a referral to the palliative care team. This involves a meeting between you, your family and members of the palliative care team.