

The SwedishAmerican Surgicare Center
Pre-surgical Instructions

PRE-SURGICAL INSTRUCTION WORKSHEET

(This worksheet is for your use while receiving instructions from the nurse)

Surgery Date: _____

Arrival Time: _____

Surgery Time: _____

Stop eating at 11:00 p.m. the night before surgery or: _____

Medications to take the night before surgery:

Water, clear tea, black coffee, apple juice, or soda (8 oz) until: _____

Do not eat anything, including candy or gum!

Medications to take the morning of surgery:

Wear comfortable, loose fitting clothes that will fit over bandages and splints.

What to bring:

- Insurance/Medicare Card
- A written list of your current medications, including dosage and frequency.
- Copy of Advanced Directives: Living Will or Durable Power of Attorney.
- Information Card for any implanted medical device (e.g Pacemaker).
- 3 X 5 pink card from the Lab.
- Inhalers and Sleep Apnea machines and appliances.
- Crutches, walkers, braces, or immobilizers, as instructed by your surgeon.
- Eyeglass case or contact lens case.
- Empty sippy cup or bottle, soft toy, blanket, or other comfort item for your child.

Do not:

- Do not wear make-up, perfume, cologne, nail polish or contact lenses.
- Do not bring valuables or money.
- Do not wear jewelry.

Enter via:

State Street Lobby (3rd floor) – All surgeries except Open Heart Surgery

Heart Hospital Lobby (1st floor) – All Open Heart Surgery

Stop at Reception Desk?

YES

NO

Surgicare in on 2nd floor across from the open spiral staircase.