

# Urine Specimen Collection

## Chlamydia/GC Testing

**Note:** This is not the same specimen collection procedure as clean catch urine collection. If both types of specimens must be collected, perform this procedure first then consult clean catch procedure for proper steps to follow.

### **Before collecting the specimen:**

- You should not urinate for at least one hour
- Patient should not cleanse genital area prior to specimen collection
- Wash hands thoroughly with soap and water.

### **Collecting the specimen:**

- Urinate directly in the collection cup
- Collect the first portion of the urine stream
- Fill cup about 1/3 full
- Place lid tightly on container

### **After collection:**

- If collecting the specimen in the laboratory, place specimen where indicated
- If not at the laboratory when the specimen is collected, label the container with the label provided or with your first and last name, date of birth, and date/time of collection. Return the specimen to the laboratory immediately, or refrigerate.

**Questions? Contact Laboratory Customer Service 815-966-2689**

