How to Collect a Random Stool Specimen

- There are two different ways to collect a stool sample:
  - Place newspaper or plastic wrap underneath the toilet seat, but hanging over the water in the toilet. **Do not** let water touch the stool sample.
  - Collect the sample in any clean and dry disposable container (i.e., plastic bucket, paper plate)
- Transfer the stool specimen to the container provided to you. Please use only those containers provided by the laboratory.
- Clearly label the container with your **NAME** and **DATE OF BIRTH**.
- Bring the container to the laboratory the same day the specimen is collected, including weekends and holidays.

**Questions? Call Laboratory Customer Service 815-966-2689**