Save The Date!

A WALK TO REMEMBER – SUNDAY, OCTOBER 7, 2018
YMCA LOG LODGE
This annual memorial walk is held rain or shine for all parents and families who have lost children due to miscarriage, stillbirth, infant or childhood death. For more information, call Melinda Hagerman at Fitzgerald Funeral Home & Crematory, (815) 226-2273.

JOIN US FOR fika

Wednesdays at 2
SwedishAmerican Foundation Office
As SwedishAmerican celebrates 107 years in the community, recently we were proud to announce the recipients of the 2018 grants. SwedishAmerican has funded local projects and organizations for years, but through this newer program we look to address the root causes of what challenges our neighborhoods. The source of the grant money is not donations but, rather, interest earned on investments. And while we invest most earnings straight back into our hospital, our leadership also mandates that we also invest in our community. This isn’t just the right thing to do; it is the smart thing to do.

SwedishAmerican becomes stronger because our neighbors become stronger. We grow together, and that makes us extremely proud. Look inside for more information on the 2018 grant recipients.

Many Ways To Give

SwedishAmerican has provided care for our community for more than 100 years. Philanthropy established the hospital, and together we support the healing mission today and into the future.

Your philanthropic support, no matter the amount, is vitally important to the success and growth of our health system.

To discuss the many ways to give to SwedishAmerican, contact the Foundation at (779) 696-2496. Let us help you plan your gift at Swedes.

Many Ways To Give

SUPPORT SWEDISHAMERICAN IN A WAY THAT’S RIGHT FOR YOU

As SwedishAmerican celebrates 107 years in the community, recently we were proud to announce the recipients of the now annual Giving to Our Community grants. SwedishAmerican has funded local projects and organizations for years, but through this newer program we look to address the root causes of what challenges our neighborhoods. The source of the grant money is not donations but, rather, interest earned on investments. And while we invest most earnings straight back into our hospital, our leadership also mandates that we also invest in our community. This isn’t just the right thing to do; it is the smart thing to do. SwedishAmerican becomes stronger because our neighbors become stronger. We grow together, and that makes us extremely proud. Look inside for more information on the 2018 grant recipients.

Also, I am excited to introduce you to Daniel Nord, fund development specialist, the newest addition to our staff! Daniel is a Rockford native and was born at SwedishAmerican. Read more about Daniel in this newsletter, and join us in welcoming him to Swedes! Have a great summer, friends, and continue to do what we accomplish together! Best,

Welcome

Do not hallucinate.
Recently, a dear friend of the Foundation had a loved one admitted to SwedishAmerican. The patient’s prognosis was not good, and as this all came on suddenly, the family had to grapple with the emotions and even the practicality of end-of-life care. But they were not left alone to do this. Dr. Juliette Kalweit, head of the palliative care team at SwedishAmerican, visited with the family, explained what the patient was and would be going through, explained treatment choices, and provided a great deal of emotional support. Our friend could not have been more thankful for the help and understanding she received during such a difficult time.

"Dr. Kalweit showed genuine care and concern," she said. "She came and talked with me and spent all the time needed to answer my questions. That really put my mind at ease."

At SwedishAmerican, the palliative care team includes physicians, nurses, pharmacists, holistic health professionals and social workers. Working together with your own doctor, they make sure you receive:

- Expert treatment of pain and symptoms
- Close communication about illness and treatment choices
- Coordination of care among all healthcare providers
- Emotional and spiritual support for the patient and family
- Referral coordination of home care services

Palliative care is not just for end of life. It is supportive care that improves the lives of patients and families facing serious illness. If an illness affects the quality of life or is causing someone significant discomfort, a palliative care consultation will be very beneficial.

In June, SwedishAmerican awarded five grants totaling $75,000 to local not-for-profit organizations. Grant recipients are chosen based on the profound effect their project or program will have on the Foundation’s investment income. This year the Caring for Our Community grant recipients are:

- $17,000 to Rockford Area Habitat for Humanity to support its Midtown Home Rehabilitation. This program enables Habitat for Humanity to make a significant, long-term investment in our neighborhood while giving a family the opportunity to earn a secure place to call home.

- $16,000 to Youth Services Network to support the Parenthood Promise (PHP) program. Modeled after the successful Harlem Children’s Zone program, PHP works with parents to ensure children graduate from high school on time and set them on a path to attend college.

- $15,000 to Stateline Youth for Christ to support its Juvenile Justice Ministry program, which focuses on mentoring, life skills training and activity-based programming for at-risk youth within the juvenile detention system.

- $15,000 to The Salvation Army of Winnebago County to support “Shirley’s Place,” a transitional housing and support service for at-risk individuals and women with a criminal history in Winnebago County who are in recovery from alcohol and drugs.

- $12,000 to Mosaic for its durable medical equipment distribution program that provides walkers, canes, wheelchairs, shower chairs, hospital beds, portable ramps and more for people in need in our community.

There is much to be proud of in our neighborhood that surrounds SwedishAmerican’s campus. Our Little Free Libraries are thriving, the new Rollin’ Strong Bicycle Program has been a welcome success for neighborhood youth, Girl Scouts Troop 1848 started a book club for Lincoln Middle School kids and the Keith Creek Neighborhood Association has hosted another worthwhile Spring Gathering. All of these activities come together to make our neighborhood stronger and help it thrive. But, more importantly, these programs further the mission of our organization: “Through excellence in healthcare, and compassionate service, we care for our community.”

Palliative care is not just for end of life. It is supportive care that improves the lives of patients and families facing serious illness. If an illness affects the quality of life or is causing someone significant discomfort, a palliative care consultation will be very beneficial.
Welcome, Daniel Nord

SwedishAmerican Foundation is pleased to welcome Daniel Nord as our new fund development specialist. Daniel will focus on fundraising and donor research, annual appeals, grant writing, events and much more.

Daniel was born at SwedishAmerican, grew up in Rockford and graduated summa cum laude and Phi Beta Kappa from Rockford University with a Bachelor of Arts degree in English. He married his wife, Ashley, in January 2017, and they have just purchased their first home not far from SwedishAmerican.

“I am glad to be a part of SwedishAmerican, an organization with a long, proud history of serving the greater Rockford area and providing remarkable healthcare,” Daniel says.

Come join us for FICA (our Swedish coffee break every Wednesday afternoon at 2:00 p.m.), where you can meet Daniel and catch up on all the Foundation is doing.

Why I Give

I am a big believer in investing in one’s future. That’s the primary reason I like to give to organizations that provide education or support to our youth. Young people represent the future. What better way to prepare for a better future than to provide help to those who will establish it? Restoring health to a young person can be the difference between having a chance at a productive life or one consumed with the challenges of poor health. Good health gives one the energy to pursue other interests such as education or sports.

Philanthropic giving also allows me to give back. I was not the healthiest child. With the help of medical professionals, the love of my parents and occasional good luck, I was able to gain an education that positioned me well for life. Despite the fact that I was untested in many ways, people who did not know me gave me numerous opportunities to prove myself. Without those opportunities, I would not be where I am today. I am extremely thankful for the faith that others had in me when they gave me a chance. I give to both invest in our youth and to give back for the generosity I have received in the past.

Don Daniels,
Executive Vice President and COO

The Walter Zeller Fellowship Award

On May 14, 2018, members of Alpine Kiwanis came to present the Foundation with the Walter Zeller Fellowship Award for its part in helping to wipe out maternal neonatal tetanus (MNT) worldwide through The Eliminate Project. Twice a year, the Foundation partners with Alpine Kiwanis by holding a sheet sale for SwedishAmerican employees. Since 2016 the Foundation has helped to raise nearly $10,000, with a portion of the proceeds from those sales going directly to the project.

To date, MNT has been eliminated from 40 countries. With only 19 more countries to go, success is in sight. Thank you to all the SwedishAmerican associates who purchased sets of sheets.

Together we were able to make a difference!

A New Exhibit

This August, The Dr. Henry and Dorothy Anderson Heritage Museum at SwedishAmerican will be the home of a new exhibit titled Growing With Rockford: The Evolution of SwedishAmerican Hospital. This exhibit will illustrate the growth of SwedishAmerican’s facilities and services from 1918 when the hospital opened to the present day, using a blend of graphics, artifacts and interactive technology. Make plans to visit the museum the next time you are in the neighborhood!
Welcome, Daniel Nord

SwedishAmerican Foundation is pleased to welcome Daniel Nord as our new fund development specialist. Daniel will focus on fundraising and donor research, annual appeals, grant writing, events and much more.

Daniel was born at SwedishAmerican, grew up in Rockford and graduated summa cum laude and Phi Beta Kappa from Rockford University with a Bachelor of Arts degree in English. He married his wife, Ashley, in January 2017, and they have just purchased their first home not far from SwedishAmerican.

“I am glad to be a part of SwedishAmerican, an organization with a long, proud history of serving the greater Rockford area and providing remarkable healthcare,” Daniel says.

Come join us for fica (our Swedish coffee break every Wednesday afternoon at 2:00 p.m.), where you can meet Daniel and catch up on all the Foundation is doing.

Why I Give

I am a big believer in investing in one’s future. That’s the primary reason I like to give to organizations that provide education or support to our youth. Young people represent the future. What better way to prepare for a better future than to provide help to those who will establish it? Restoring health to a young person can be the difference between having a chance at a productive life or one consumed with the challenges of poor health. Good health gives one the energy to pursue other interests such as education or sports.

Philanthropic giving also allows me to give back. I was not the healthiest child. With the help of medical professionals, the love of my parents and occasional good luck, I was able to gain an education that positioned me well for life. Despite the fact that I was untested in many ways, people who did not know me gave me numerous opportunities to prove myself. Without those opportunities, I would not be where I am today. I am extremely thankful for the faith that others had in me when they gave me a chance. I give to both invest in our youth and to give back for the generosity I have received in the past.

Don Daniels,
Executive Vice President and COO

The Walter Zeller Fellowship Award

On May 14, 2018, members of Alpine Kiwanis came to present the Foundation with the Walter Zeller Fellowship Award for its part in helping to wipe out maternal neonatal tetanus (MNT) worldwide through The Eliminate Project. Twice a year, the Foundation partners with Alpine Kiwanis by holding a sheet sale for SwedishAmerican employees. Since 2016 the Foundation has helped to raise nearly $10,000, with a portion of the proceeds from those sales going directly to the project.

To date, MNT has been eliminated from 40 countries. With only 19 more countries to go, success is in sight. Thank you to all the SwedishAmerican associates who purchased sets of sheets. Together we were able to make a difference!

A New Exhibit

This August, The Dr. Henry and Dorothy Anderson Heritage Museum at SwedishAmerican will be the home of a new exhibit titled Growing With Rockford: The Evolution of SwedishAmerican Hospital. This exhibit will illustrate the growth of SwedishAmerican’s facilities and services from 1918 when the hospital opened to the present day, using a blend of graphics, artifacts and interactive technology. Make plans to visit the museum the next time you are in the neighborhood!
Recently, a dear friend of the Foundation had a loved one admitted to SwedishAmerican. The patient’s prognosis was not good, and as this all came on suddenly, the family had to grapple with the emotions and even the practicality of end-of-life care. But they were not left alone to do this. Dr. Juliette Kalweit, head of the palliative care team at SwedishAmerican, visited with the family, explained what the patient was and would be going through, explained treatment choices, and provided a great deal of emotional support. Our friend could not have been more thankful for the help and understanding she received during such a difficult time.

“Dr. Kalweit showed genuine care and concern,” she said. “She came and talked with me and spent all the time needed to answer my questions. That really put my mind at ease.”

At SwedishAmerican, the palliative care team includes physicians, nurses, pharmacists, holistic health professionals and social workers. Working together with your own doctor, they make sure you receive:

• Expert treatment of pain and symptoms
• Close communication about illness and treatment choices
• Coordination of care among all healthcare providers
• Emotional and spiritual support for the patient and family
• Referral coordination of home care services

Palliative care is not just for end of life. It is supportive care that improves the lives of patients and families facing serious illnesses. If an illness affects the quality of life or is causing someone significant discomfort, a palliative care consultation will be very beneficial.

Caring For Our Community

In June, SwedishAmerican awarded five grants totaling $75,000 to local not-for-profit organizations. Grant recipients are chosen based on the profound effect their project or program will have on Swedes’ neighborhood and community. This program is funded by a portion of the Foundation’s investment income. This year the Caring for Our Community grant recipients are:

• $17,000 to Rockford Area Habitat for Humanity to support its Midtown Home Rehabilitation. This program enables Habitat for Humanity to make a significant, long-term investment in our neighborhood while giving a family the opportunity to earn a secure place to call home.

• $16,000 to Youth Services Network to support the Parenthood Promise (PHP) program. Modeled after the successful Harlem Children’s Zone program, PHP works with parents to ensure children graduate from high school on time and sets them on a path to attend college.

• $15,000 to Satellite Youth for Christ to support its juvenile Justice Ministry program, which focuses on mentoring, life skills training and activity-based programming for at-risk youth within the juvenile detention system.

• $15,000 to The Salvation Army of Winnebago County to support “Shirley’s Place,” a transitional housing and support service for at-risk individuals and women with a criminal history in Winnebago County who are in recovery from alcohol and drugs.

• $12,000 to Mosaic for its durable medical equipment distribution program that provides walkers, canes, wheelchairs, shower chairs, hospital beds, portable ramps and more for people in need in our community.

Neighborhood Update

There is much to be proud of in our neighborhood that surrounds SwedishAmerican’s campus. Our Little Free Libraries are thriving, the new Rollin’ Strong Bicycle Program has been a welcome success for neighborhood youth, Girl Scouts Troop 1848 started a book club for Lincoln Middle School kids and the Keith Creek Neighborhood Association has hosted another worthwhile Spring Gathering. All of these activities come together to make our neighborhood stronger and help it thrive. But, more importantly, these programs further the mission of our organization: “Through excellence in healthcare, and compassionate service, we care for our community.”
Welcome

As SwedishAmerican celebrates 107 years in the community, recently we were proud to announce the recipients of the 2018 grants. Our community grants, we fund local projects and organizations for years, but through this newer program we look to address the root causes of what challenges our neighborhoods. The source of the grant money is not donations but, rather, interest earned on investments. And while we invest most earnings straight back into our hospital, our leadership also mandates that we also invest in our community. This isn’t the right thing to do; it is the smart thing to do.

SwedishAmerican becomes stronger because our neighbors become stronger. We grow together, and that makes us extremely proud. Look inside for more information on the 2018 grant recipients.

Also, I am excited to introduce you to Daniel Nord, fund development specialist. His passion for philanthropy is matched only by his talent to engage our community. He will be your contact for all things giving.

Many Ways To Give

SUPPORT SWEDISHAMERICAN IN A WAY THAT'S RIGHT FOR YOU

The foundation staff would like to take a moment to remember M. Earlene Stromquist, who passed away in March of this year. She was a volunteer at SwedishAmerican for 23 years, logging in 11,583 hours. Since 1998, she donated faithfully to the SwedishAmerican Foundation in support of the Chaplains’ Endowment Fund. Earlene led an active life, and she kept her promises—most notably the pact she made to get a tattoo if the Cubs ever made it to the World Series. Well, the Cubs made it and she got the tattoo! Thank you for everything, Earlene. You are missed.

Thank You Donors!

SwedishAmerican Foundation helps fulfill the health system’s mission of building a stronger, healthier community.

Thank you to everyone who made a gift to the Foundation from March 1 through May 31, 2018. Thank you for your generosity and all that you make possible.

Thank you donors!
Save The Date!

A WALK TO REMEMBER — SUNDAY, OCTOBER 7, 2018
YMCA LOG LODGE
This annual memorial walk is held rain or shine for all parents and families who have lost children due to miscarriage, stillbirth, infant or childhood death. For more information, call Melinda Hagerman at Fitzgerald Funeral Home & Crematory, (815) 226-2273.

JOIN US FOR
FIKA
Wednesdays at 2
SwedishAmerican Foundation Office

NEWSLETTER OF THE SWEDISHAMERICAN FOUNDATION
SUMMER 2018

PALLIATIVE CARE AT SWEDISHAMERICAN
WHY I GIVE
A NEW EXHIBIT
WELCOME DANIEL NORD
THE WALTER ZELLER FELLOWSHIP AWARD
CARING FOR OUR COMMUNITY
NEIGHBORHOOD UPDATE
THANK YOU DONORS
IN MEMORIAM
SAVE THE DATE